

How to Go – The Relationship between Creative Activities and Human Death

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Abstract

This paper explores the essence of creativity and death in the psychology of the Swiss psychologist Carl Gustav Jung (1875-1961).

Now, human creativity and the fact of death are seriously distorted in civilized society. Almost all people tend to meet these themes with surprise, incomprehension and disbelief and try to neglect and avoid them in their conscious life.

Jung noticed how important creative activity and conscious acknowledgement of death is to human nature and life, and he understood them as the important aspect of psychological phenomena.

We do not have knowledge of the nature of our innate peculiarities which we have brought into the world with ourselves. They are both psychic as well as physical experiences.

This paper shows how the psychology of Jung unites creativity and the psychic

experience of death through an examination of: (1) the relation of Jungian psychological analysis and art, (2) the relation of unconsciousness and creative activity, (3) the relation of neurosis and art, (4) the generation of symbols and (5) the meaning and significance of death in the creative process. Finally, it is argued that the dynamic tension of opposites, most profoundly the opposition of life and death, is the basis of human creativity.